



Barth Syndrome

Cardiovascular System

Signs and Symptoms of Possible Heart Failure



Barth Syndrome
Foundation

Signs and Symptoms		Babies	Young Children	Teens and Adults
Appetite and Feeding	Poor feeding. Requires longer feedings, more frequent feedings or tires easily with feedings	♥		
	Excessive sweating when eating meals and feeding	♥	♥	♥
	Poor appetite	♥	♥	♥
	Non-specific belly pain after eating		♥	♥
Body Weight	Difficulty gaining weight	♥	♥	♥
	Sudden weight gain "wet gain"	♥	♥	♥
	Less urine output	♥	♥	♥
Appearance	Noticeable puffiness in feet, face or hands, ankles	♥	♥	♥
	Dependent edema, gravity related swelling in the ankles, often associated with		♥	♥
	A big/ distended abdomen	♥	♥	♥
	Abnormal skin color: bluish lips, grey or mottled skin, hyperpigmented extremities	♥	♥	♥
Rate Rhythm Respiration	Breathing fast, especially with feeding	♥		
	Inability to catch breath, noticeable by muscle pulling or retraction between ribs and the breastbone	♥		
	Inability to keep up with peers; breathlessness		♥	♥
	Noisy breath sounds	♥	♥	♥
	Chronic hacking or wet cough	♥	♥	♥
	Rapid heartbeat	♥	♥	♥
Behavior Activity Exercise	Heart palpitations, some describe feeling this when holding a baby close or it can be described as "feeling like my heart is going to beat out of my chest"	♥	♥	♥
	More irritable	♥	♥	♥
	Listlessness, lack of energy	♥	♥	♥
	Reduced exercise capability, having to stop and rest with exercise		♥	♥
	Dizziness or fainting, often during or after exercise		♥	♥