





## **Signs of Left Sided Heart Failure**

Restlessness, confusion due to low oxygen to the brain, fatigue, pale skin color, lung congestion, breathing difficulties, shortness of breath, rapid heart rate, sweating, blood tinged sputum

## Signs and Symptoms of Right-Sided Heart Failure

Abdominal bloating, bulging veins in the neck, fatigue, weight gain, loss of appetite, nausea, bluish color in the feet and legs, cold feet and legs, swelling in the legs and feet

heart failure, the left-side of the heart is no longer strong enough to push blood through the body.

When this happens, blood backs up in the lungs and dilates the heart.

Over time, the right-side of the heart has to work harder and harder to push blood into the already overcrowded lungs. Eventually, the right-side of the heart just gets tired and can't do it anymore. This leads to right sided heart failure